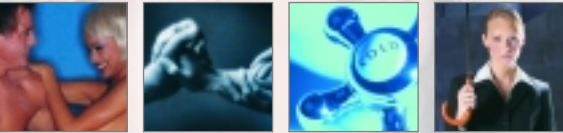


Here at SWEAT BREAKER we aim to treat the very common problem of excessive sweating by a simple, non-surgical procedure, leaving you feeling dry and confident once again. No more embarrassing social or work situations, no more stained clothes, let SWEAT BREAKER change your life.



what is hyperhidrosis?

Sweating is a normal and totally natural process through which the body loses heat. However, some people suffer from excessive sweating, which is also known as hyperhidrosis. Hyperhidrosis is a genetic condition that causes abnormal heat loss, through excessive sweating, mostly from the hands, feet or underarms. Excessive sweating results in moisture lying on the surface of the skin instead of evaporating as it normally would.

- 1 in 100 people suffer from severe hyperhidrosis which usually starts during the teens and twenties. Moderate hyperhidrosis is more common and the majority of people suffer from this at some point in their lives.
- Hyperhidrosis affects men and women, all races and every age group.
- Excessive sweating can occur at any time, while you are in a cold room, while you are calm, restful and without any stress or anxiety.
- Most sufferers do find the problem distressing and this may worsen their condition.

the sweat stops here



treatment locations

SWEAT BREAKER is available across the UK at the following locations.

- GLASGOW
- SUNDERLAND
- MANCHESTER
- BIRMINGHAM
- NORTHAMPTON
- MILTON KEYNES
- COLCHESTER
- HIGH WYCOMBE
- P. RISBOROUGH
- MIDDLESEX
- LONDON
- PURLEY
- SALISBURY
- BRIGHTON
- DUBLIN



For further information on treatments and locations near you, please contact SWEAT BREAKER and speak to one of our patient representatives for a free and confidential discussion.



PO BOX 254
Cambridge
CB3 7XY

t: 0845 230 0015
f: 0845 230 0016
e: help@sweatbreaker.com
w: www.sweatbreaker.com

the sweat stops here >>

a brand new concept in sweat management for men and women



SWEAT
BREAKER

0845 230 0015
www.sweatbreaker.com

your treatment

At SWEAT BREAKER we aim to treat excessive sweating by a simple, non-surgical procedure to give you a new, dry and confident lifestyle.

The decision to have any form of treatment is a very important one and it is vital that you have expert advice and answers to all the questions that you may have.

Prior to any treatment, our highly trained and friendly staff will talk you through the procedure and provide you with help and guidance tailored to your individual needs. On the day of your appointment, you will have a final consultation with one of our specialist medical team.

Botox® is a treatment given by injection into the skin. It is recommended for the treatment of axillary (underarms) hyperhidrosis and has been used for over 20 years to treat muscle spasm and is very safe and effective.

Using a very fine needle, a tiny amount of the solution is injected into the skin in about 10 to 15 sites spaced about 1cm apart. Sometimes an iodine and starch test is used to locate the area where sweating is greatest. Treatment causes only mild discomfort and normally takes about 30 minutes.

Botox® blocks the actions of the nerves that supply the eccrine glands, thus preventing them from producing sweat.

Treatment totally blocks the nerve endings for about 6-12 weeks before new nerve endings start to form.

This means the effects of the treatment last for several months but will eventually wear off, after an average of 7 months.

your faq's

❓ HOW DOES IT WORK

Small quantities of Botox® are injected into the skin of the affected area. This blocks the action of the nerves that supply the eccrine glands and stops them producing sweat.

❓ HOW QUICKLY DOES IT WORK

On average, you will notice a reduction in sweating 3 to 7 days following treatment.

❓ HOW LONG DOES IT LAST

Although the nerve endings are blocked, new nerve endings will begin to grow to replace them, normally after 6 to 12 weeks. Most people notice a slow return to sweating approximately 6-7 months following treatment when it can then be repeated.

❓ WHAT HAPPENS IF I STOP TREATMENT

The effects will normally wear off after a period of 6-7 months. If you decide to stop treatment there will be no lasting change in the areas treated. Sweating will gradually return to the level it was prior to treatment.

❓ ARE THERE ANY SIDE EFFECTS

In clinical trials a small number of patients experienced increased sweating in other parts of the body. Although the injection is given into the skin it is possible that a small amount may spread into the nerves supplying the muscles. In clinical trials about 0.7% of patients reported a slight weakness in the arm when the armpit was treated. This did not last and got better without intervention.

As with any injection, there may be slight discomfort at the injection site and a small amount of bruising in the area treated.

❓ HOW SAFE IS BOTOX

In high concentrations, Botox® is a potent poison. However, Botox® used in minute doses, as in the treatment of hyperhidrosis, has a very high margin of safety. Botox® has been used for over 20 years in adults and children. Over 1400 medical papers have been written on Botox® showing it to be very safe and effective.

for further detailed information please visit
www.sweatbreaker.com

your testimonials

KERPAL, AGED 24, RECRUITMENT, MANCHESTER

I used to dread client meetings and interviews with candidates because of my hyperhidrosis. Since I had my treatment through SWEAT BREAKER I haven't looked back.

My confidence has grown and my colleagues have commented what an overall improvement it has made to my work. I have also found a knock on effect with my social life and now enjoy going out and meeting people. All the team at SWEAT BREAKER were both **friendly and extremely helpful** and answered all my questions and concerns. I have already booked my follow up treatment.

STEVE, AGED 38, CONSTRUCTION WORKER, ESSEX

Working on a building site is a very physical and sweaty job especially in the summer. It was really getting me down having to take several T-shirts with me on site every day as they would constantly get soaked with excess sweat.

I plucked up the courage to visit SWEAT BREAKER and had the hyperhidrosis treatment for underarm sweating.

I can't believe the difference it has made to my working life. **I am completely dry all day.** In addition I can now wear vest tops with confidence when I go for my gym workouts.

I highly recommend this simple treatment. Thanks SWEAT BREAKER.

MARY, AGED 26, HAIRDRESSER, GLASGOW

I was having a lot of problems at work with my severe sweating. Sometimes I had to change my top two or three times a day. I felt too embarrassed to talk to anyone about it but knew that I needed to get some help. I saw an advert for SWEAT BREAKER in a magazine and booked an appointment at a local clinic.

The **treatment was quick and wasn't too uncomfortable.** Since then I am enjoying work and love going out dancing which I was always too afraid to do before. I am also now happy to discuss the problem with people, and I am amazed at just how common the problem is and how few people know about the treatments available and the effectiveness of the Botox® injections.

SARAH, AGED 15, NORTHAMPTON

I am very impressed with the results of my treatment for hyperhidrosis through SWEAT BREAKER.

It kicked in on the first day and has made me feel so much more confident, as I am completely dry. Before the treatment I couldn't wear the clothes I wanted to, but now I can. **I am absolutely thrilled.**

